



**JOIN  
HANDS**

*with us  
towards a noble  
social cause*

**We need female members for  
running Diabetes Support Group**



### Objectives of Diabetes Support Group (D.S.G.)

- Every member of D.S.G. shall be provided training under professional guidance.
- Every trained member of D.S.G. shall form a team of 10 females from their locality and meet once in a month at their residences in rotation.
- Once in a month session shall last for 1 hour.
  - ▶ 30 minutes diabetes education and discussion
  - ▶ 30 minutes healthy meal preparation
- All the resources required for the monthly get together shall be provided by Parivartan Foundation.
- Becoming a member of D.S.G. gives you an opportunity to raise awareness about diabetes and help increase your confidence & communication skills. You just have to donate your little time.

**Criteria :** • Minimum qualification required HSC.

- Having good communication skills and able to understand English and Hindi language.
- No membership fees applicable or any other extra expenditure shall incur.
- For any queries or details regarding Diabetes Support Group or becoming a member with Parivartan Foundation, contact **Dr. Kashyap Shah on 9890 195 195.**

### PARIVARTAN FOUNDATION ACTIVITIES



▶ Free Diabetes Screening & Awareness Program



▶ Diabetes Educational Seminar @ Meenatai Auditorium



Dear Well Wisher,

Parivartan Foundation is a Non Profit making charitable organization. All our projects and activities have been possible, because of constant support and encouragement we have received from the society. We humbly solicit your continued support in our battle against Diabetes. You can directly deposit your donations in our **HDFC Bank (Bhiwandi Branch) Account No. 50200004406711**



Or you may send your cheque / DD in favour of "Parivartan Foundation" to:



Solution Print

Reshape, Shop No 8/9, Mangal Bhavan Bldg., Opp Torrent Power, Old Agra Road, Bhiwandi